

Paravit®-Mod Capsules

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Vitamin formula in soft gelatin capsules

Paravit®-Mod is a Food for Special Medical Purposes. For the dietary management of patients with cystic fibrosis on the specific recommendation of a cystic fibrosis specialist. Paravit®-Mod contains higher amounts of fat soluble vitamins than regular food supplements.

Important information: Paravit®-Mod may not be used as a sole source of nutrition and is not a substitute for a varied diet. Paravit®-Mod has been designed specifically for patients with cystic fibrosis and should be only used by this group as this is its intended use. This product poses a health hazard if consumed by persons who do not have the medical condition for which the product is intended. Paravit®-Mod may only be used during pregnancy if advised by a doctor. **Paravit®-Mod Capsules are not recommended for children under the age of 3 years.** For this age group, Paravit®-Mod Liquid is recommended.

How to use and store Paravit®-Mod Capsules

Warning not for parenteral use. To be taken with a meal.
Store in a cool, dry place, below 25°C. Do not freeze. Keep away from children.

How many Paravit®-Mod Capsules should be taken

The recommended starting dosage of Paravit®-Mod Capsules follows guidance of the Cystic Fibrosis Trust 2016 and ESPEN-ESPGHAN-ECFS guidelines on nutrition care for infants, children, and adults with cystic fibrosis 2016 and is as follows:

Children 3 to 8 years of age: one capsule per day.
Over 8 years of age (including adults): two capsules per day.
The recommended daily doses are higher than a normal food supplement. This is because they take into account the reduced absorption capability of patients with Cystic Fibrosis.
Do not exceed the stated daily dose.

Ingredients:

Medium Chain Triglycerides (**coconut origin**); gelatin; Vitamin E (DL-α-tocopheryl acetate); Stabilizer: glycerol (E 422); Vitamin K1 (phytomenadione); Vitamin A (Retinyl palmitate); Vitamin D3 (Cholecalciferol);
Colouring agents: copper chlorophyllin (E 141ii), iron oxides (E 172), curcumin (E 100).

Nutritional Information:

Ingredient	Unit	Per capsule	Per 100 Kcal	Per 100g
Energy	kJ/Kcal	15/4		2325/564
Fat	grams	0.3 (of which saturated 0.3)		48 (of which saturated 47)
Carbohydrates	grams	0.1 (of which sugars 0)		11 (of which sugars 0)
Protein	grams	0.1		19
Vitamin A	micrograms	600 (= 2000 IU)	16,316 (= 54,388 IU)	92,025 (= 306,748 IU)
Vitamin D3	micrograms	37.5 (= 1500 IU)	1020 (= 40,791 IU)	5751 (= 230,061 IU)
Vitamin E	milligrams	75 (= 112.5 IU)	2039 (= 3059 IU)	11,503 (= 17,255 IU)
Vitamin K1	micrograms	5000	135,970	766,871

IU = International Units
Contains no salt. Contains no potential allergens according to EU regulation.
Allergens are shown in bold type.

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